

## **PE Kit Frequently asked questions**

### **Do I have to wear PE kit?**

Yes. PE kit is very important both for reasons of safety and hygiene. The PE department supplies all pupils with free PE kit.

### **What does the PE kit consist of?**

The supplied kit is a grey tech t shirt with 'Oak Bank School' on the left breast and soft cotton black tracksuit bottoms with a 'PE' logo. Black shorts can be provided as can black fleeces and black waterproof jackets/ trousers. We also have a large supply of trainers and football boots. All PE kit is of good quality and is washed at school.

### **Can I bring my own PE kit in?**

Yes of course! Pupils are encouraged to bring in their own kit if they prefer. Kit must be suitable for school, i.e. no inappropriate logos or slogans, no denim and must cover the body appropriately. Items brought in from home should be clearly labelled.

### **Can I wear the kit I have on under my school uniform?**

No. For hygiene reasons you will be required to change into the school PE kit.

### **Can I wear jewellery or a watch?**

No. For safety reasons jewellery is not allowed. Watches should be taken off. Please expect to wear tape over any earrings if studs cannot be removed.

### **What do I do if I have long hair?**

For safety reasons we ask all pupils with long hair to tie their hair back during PE. Hair bands can be provided.

### **What about swimming?**

Any appropriate swimwear may be worn. Girls are required to wear one-piece swimsuits. Towels must be brought by pupils, although the school does have a small selection of towels and swim wear if forgotten.

Pupils can bring in their own goggles. They must know how to fit and adjust their own goggles, as staff will not be responsible for fitting goggles.

### **What if I don't like using the changing rooms for PE?**

Private changing areas can be provided for pupils who are not happy to change in front of others. Alternatively, pupils can wait until the changing rooms are empty before changing.

### **What happens if I refuse to change into a PE kit?**

Refusal to change into PE kit will be sanctioned using the school behaviour policy, i.e. criteria and detentions will be issued. In some cases, you may not be allowed to participate in the lesson's activities due to safety concerns. All lessons missed due to refusing to change will need to be caught up in detention.

***Please speak to a member of PE staff if you have any concerns about changing!***